



Philosophy Cards

The most important role of the mental health consultant is to support staff.

Teamwork and the team approach maximize the impact of any mental health intervention.

Programs should consider adopting behavior management strategies that all staff learn and apply throughout the program.

Families with mental health problems may pass the problems on to the next generation no matter what the staffs do.

Crises occur when families are out of control and not caring about things that they should.

One primary focus of mental health is mental well-being.

Diagnosis of a mental disorder or social/emotional disability helps in the understanding of a child's difficulties.

When program and staff meetings are held about a family, all family members should be present and encouraged to be participants.

Programs should have the option and a procedure for determining whether a child's behavior should lead to removal from the program.

Program staff should reach out to troubled families, even when they are not asking for help and even when they resist efforts of help.

School readiness begins with health!

Activity Excerpted from: <https://store.samhsa.gov/shin/content/SVP07-0152/SVP07-0152.pdf> Hepburn, K. S., & Kaufmann, R. K. A Training Guide for the Early Childhood Services Community. DHHS Pub. No. CMHS-SVP0152. Rockville, MD: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, 2005.



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NATIONAL CENTER ON

Early Childhood Health and Wellness

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Staff members bring their own issues to the relationships they have with children and families.

The most important role of a mental health consultant is to support families.

Young children learn best about getting along with others through experience and one-on-one care giver guidance.

Behavioral intervention in the classroom is a powerful support to a child.

Families with immediate daily living demands and difficulties cannot focus on feelings and relationships.

Program staff should recognize and remember the impact of limitations on a child's behavior.

Behavior management is the primary mental health intervention needed for young children.

Mental wellness is a central purpose of an early childhood program.

Mental health consultants must be open to learning from families.

Mental health is a minor part of an early childhood program.

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NATIONAL CENTER ON

Early Childhood Health and Wellness

Most parents known to early childhood programs need counseling.	Families are resistant to talking about feelings and relationships.
Early intervention minimizes or prevents the development of more serious emotional, social, and academic problems.	Without parental involvement and family intervention, work with the child on behavioral problems is less effective,
Therapies in the classroom singles out children and interrupts the daily routine.	Mental disabilities and diagnosis should not be used to label a young child.
Crises are part of ant families life.	When a number of agencies are involved with a family it's a good idea to meet and work together.
Young children can learn about getting along with others through structured curricula.	Asking for help is a sign of strength in staff and families,

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Childcare programs are a “dumping ground” for children with behavioral problems whose parents do not know what else to do.

Mental health services apply only to those individuals with social, emotional, behavioral, or addiction problems.

The most important role of the mental health consultant is to support children.

Mental health and challenging behaviors are major concerns in early childhood programs.

Discipline and child-rearing practices should be universal.

Child rearing is based on culture.

School readiness begins with health!

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